



# Salt Springs Elementary School November 2017

**ALL MEALS ARE \$4.50 UNLESS OTHERWISE SPECIFIED**

| Monday                             | Tuesday                            | Wednesday                              | Thursday                       | Friday                |
|------------------------------------|------------------------------------|--|--------------------------------|-----------------------|
|                                    |                                    | 1                                      | 2<br>Hamburger & Juice         | 3<br>Fish & Fries     |
| 6<br>Grilled Cheese & tomato soup  | 7<br>Taco Day<br>\$2.20 each       | 8<br>Macaroni & Cheese with a biscuit  | 9<br>Tuna Melt & deli roasters | 10<br>Nuggets & fries |
| 13<br>NO SCHOOL                    | 14<br>Chicken burger & juice       | 15<br>Ham & cheese wrap with veggies   | 16<br>Spaghetti & Garlic bread | 17<br>NO SCHOOL       |
| 20<br>Grilled Cheese & tomato soup | 21<br>Taco Day<br>\$2.20 each      | 22<br>Macaroni & Cheese with a biscuit | 23<br>Turkey wrap with veggies | 24<br>Nuggets & fries |
| 27<br>Chicken soup with a biscuit  | 28<br>Pizza bun with deli roasters | 29<br>Ham & cheese wrap with veggies   | 30<br>Hamburger & Juice        |                       |

**These items are available daily:**

**SANDWICHES**

- Egg Salad -----3.35
- Turkey salad-----4.60
- Tuna-----3.35
- Lean Ham-----3.35
- Lean Ham & Cheese—4.10
- Grilled Cheese----- 3.35  
(Whole wheat bread only)
- Bagel 1.25 ½ Bagel 2 .65
- Smart Bread when available

**SNACKS**

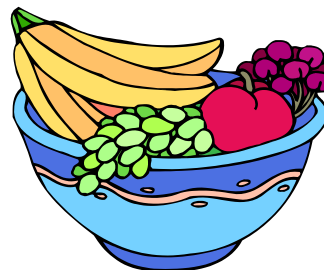
- Lays Baked Chips-----1.25
- Veggies & Dip-----1.50
- Crackers Pkg (2) -----1.10
- Jello.... .50

**BAKED GOODS**

- Muffins:
- Bran & oatmeal-----.60  
(Blueberry when available)
- Cookies-----.60
- Cinnamon Rolls-----.60
- Biscuit -----.50
- Jello \_\_\_\_\_0.50

**MISCELLANEOUS**

- Tossed/Caesar Salad 4.10
- Hamburger-----3.75
- Cheeseburger-----4.00
- Chicken Burger-----4.00
- ½ Sub-----3.10 Lrg 4.25
- Oven Fries-----3.10
- Rice-----2.60
- Fish Burger-----3.50
- Pizza Slice- -----3.75
- Deli Roasters -----3.25
- Sm. Turkey Wrap----. 2.85
- Chicken Quesadillas—4.60
- Lg. Nachos--3.60..Sm Nachos 3.10
- Nuggets- .80 each, 5 Nuggets 3.25
- Ham & Cheese Sub... 3.35
- Rib Burger..... 4.00
- ½ Grilled Cheese/fries..2.00 \*\*\*\*\*
- Pancakes with syrup & milk..4.25



**Miscellaneous**

- Ketchup-----.10 Teaspoons -----0.05
- Mustard-----.10 Forks-----0.05
- Relish-----.10 Knives-----0.05
- Salad Dressing ---.25

**BEVERAGES**

- Milk-----40
- Sm Choc Milk-----1.50
- Water -----1.25
- Juice Packs-----1.00

**SOUP**

- Homemade soup
- Sm.---1.60 Lg—2.60

\*condiments come with the meal of the day

